

**CANADA DAY 5K RUN JULY 1, 2019
RESULTS COMPILED BY MURRAY TAIT**

189 Runners

| | | | | | |
|--|-----|-------|--------------------------------------|-----|-------|
| 5K under 15 Female | | | 5K under 15 Male | | |
| Mercedez Covey | 11 | 20:38 | Jackson Chisholm | 2 | 18:15 |
| Isabelle Guenette | 25 | 22:59 | Travis Gaffney | 4 | 19:00 |
| Summer Covey | 29 | 23:40 | Hyrton Meier | 5 | 19:36 |
| Pearl Hare | 89 | 28:08 | Cehlden Turcotte | 9 | 20:18 |
| Lizzy Mussett | 97 | 28:54 | Parker Goguen | 28 | 23:38 |
| Cadia Turcotte | 106 | 29:38 | Ethan DeJong | 30 | |
| Emma Laming | 107 | 29:39 | Lukas Reisen | 41 | 24:23 |
| Laurence Cliché | 146 | 33:36 | Finn Campeau | 63 | 26:34 |
| Ella Leonard | 152 | 34:34 | Andrew Plaschka | 67 | 26:44 |
| Codah Turcotte | 155 | 34:56 | Wes Moore | 80 | 27:37 |
| Nalina Bhatt | 176 | 40:49 | Lucas Bennett | 87 | 28:08 |
| Ryleigh Goguen | 183 | 44:34 | Seth Laming | 90 | 28:20 |
| | | | Jonah Hawes | 91 | 28:25 |
| | | | Ryan Rigutto | 93 | 28:43 |
| 5K 15-19 Female | | | Merrick Vanelf | 109 | 30:02 |
| Abby Jones | 25 | 24:17 | Cenlde Turcotte | 114 | 30:06 |
| Claire Cushing | 48 | 25:02 | Nate Jones | 124 | 30:50 |
| Kayla Wright | 66 | 26:39 | Matthias Reisen | 132 | 32:17 |
| Brielle Johnson-Hodge | 68 | 26:44 | Ben Mussett | 140 | 33:06 |
| Jenna Disney | 69 | 26:51 | Canyon Turcotte | 147 | 33:37 |
| Elise Plaschka | 70 | 27:06 | Tyler White | 164 | 36:14 |
| Callie Turcotte | 71 | 27:07 | Shawnak Bhatt | 177 | 42:18 |
| Krysia Gill | 72 | 27:07 | Matthew Shaver | 189 | 49:30 |
| Kiey Payne | 115 | 30:08 | | | |
| Hailey Fournier | 166 | 36:20 | | | |
| | | | 5K 15-19 Male | | |
| | | | David Gill | 1 | 17:49 |
| 5K 20-29 Female | | | Will Campeau | 3 | 18:39 |
| Sarah Utting | 18 | 21:47 | Blake Shane | 22 | 22:40 |
| Brittany Brown | 34 | 24:08 | Arden Barnett | 60 | 26:10 |
| Rianne Hudson | 75 | 27:15 | | | |
| Heather Conlin | 79 | 27:33 | | | |
| Emma Selleck | 105 | 29:30 | 5K 20-29 Male | | |
| Jillian Fournier | 141 | 33:12 | Caleb Gill | 24 | 22:34 |
| Abbey Palmer | 160 | 36:09 | Zack Boyd | 36 | 24:17 |
| Stephanie Triemstra | 171 | 38:32 | Dalton DeCastro | 39 | 24:21 |
| | | | Layne Scott | 108 | 29:40 |
| | | | Will Utting | 110 | 30:02 |
| 5K 50-59 Female (Note Age Catg) | | | Matthew Pettem | 162 | 36:13 |
| Amy Brown | 38 | 24:18 | | | |
| Christine Murray | 56 | 25:47 | 5K 50-59 Male (Note Age Catg) | | |
| Judy Curry | 78 | 27:34 | Brian Bax | 13 | 20:57 |
| Sharron Riddell | 88 | 28:07 | Kevin Riddell | 14 | 20:57 |
| Margaret Story | 96 | 28:47 | Rick Royce | 19 | 21:57 |
| Denise Anthony | 98 | 28:59 | Tom Fournier | 37 | 24:17 |
| Nancy May | 119 | 30:21 | David Cannons | 50 | 25:13 |

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|------------------------|-----|-------|--|----------------------|-----|-------|
| Kim Wangler | 133 | 32:21 | | David Shaver | 122 | 30:43 |
| Marianne Carlyle | 139 | 32:45 | | | | |
| Anick Cliché | 145 | 33:45 | | | | |
| Charlene Thomas | 168 | 37:05 | | | | |
| | | | | | | |
| 5K 30-39 Female | | | | 5K 30-39 Male | | |
| Renee Eaton | 16 | 21:37 | | Joe Groeneveld | 7 | 19:36 |
| Courtney Schaffer | 40 | 24:22 | | Jon Roth | 12 | 20:42 |
| Camille Ballantyne | 44 | 24:49 | | Scott Coombes | 23 | 22:46 |
| Holly Martin | 61 | 26:09 | | Trevor Holme | 27 | 23:35 |
| Kim Bennett | 62 | 26:16 | | Kevin DeJong | 31 | 23:53 |
| Kerry Guttierrez | 74 | 27:09 | | Ben Coombes | 43 | 24:42 |
| Stacy DeJong | 76 | 27:14 | | Brad Craig-Pettem | 49 | 25:03 |
| Lindsay Craig-Pettem | 83 | 27:49 | | Devin Payne | 55 | 25:43 |
| Lindsay Coombes | 95 | 28:45 | | Steve Devlin | 65 | 26:36 |
| Kristin Hare | 99 | 29:01 | | Salomon Gutierrez | 75 | 27:10 |
| Nicole Hartley | 120 | 30:36 | | Matt Kinghorn | 84 | 27:58 |
| Sarah Jones | 125 | ? | | Nahbeel Premji | 85 | 28:06 |
| Anne Dance | 129 | 31:36 | | Corey Henry | 94 | 28:45 |
| Jenny O'Reilly | 142 | 33:21 | | Darryl Hartley | 111 | 30:02 |
| Marci Jackson | 148 | 33:44 | | Neal Condron | 121 | 30:37 |
| Rebekka Rieder | 150 | 34:08 | | Ryan Turcotte | 157 | 35:17 |
| Joanne Payne | 154 | 34:49 | | Steven Goguen | 184 | 44:43 |
| Heather Turcotte | 156 | 35:03 | | Shane Skinner | 186 | 46:11 |
| Natalie Wood | 167 | 36:41 | | | | |
| Sheena Earl | 170 | 37:56 | | 5K 40-49 Male | | |
| Angela Mangoni | 173 | 39:39 | | Reda Saleh | 15 | 21:15 |
| | | | | Craig McDonald | 17 | 21:41 |
| 5K 40-49 Female | | | | Brian Gartley | 21 | 22:25 |
| Christie Walker | 26 | 23:21 | | Mike Crawford | 33 | 23:56 |
| Sarah Crawford | 32 | 23:54 | | Tim Brown | 42 | 24:38 |
| Adele McLeod | 45 | 24:50 | | Jason Barlow | 51 | 25:16 |
| Fiona Dunbar | 47 | 24:51 | | Gord Cushing | 53 | 25:33 |
| Rhonda McNish | 58 | 25:50 | | Jason Hawes | 59 | 26:00 |
| Carla Trail | 81 | 27:37 | | Matt McNish | 64 | 26:35 |
| Rebecca Meier | 82 | 27:40 | | Chad White | 165 | 36:17 |
| Mary Hungerford | 100 | 29:12 | | | | |
| Marie-Claude Carrier | 102 | 29:23 | | | | |
| Marysa Irvine | 112 | 30:03 | | 5K 60-69 Male | | |
| Caroline Rigutto | 137 | 32:43 | | Ian Loughrey | 8 | 20:17 |
| Jen McDonald | 138 | 33:45 | | Drew Disney | 46 | 24:52 |
| Janet Gartley | 151 | 34:15 | | Paul Heintzman | 57 | 25:51 |
| Alex Mussett | 153 | 34:48 | | Jim Estes | 77 | 27:20 |
| Becay Bell-Devlin | 175 | 40:43 | | Rod Palmer | 92 | 28:43 |
| Meera Ruparelia | 178 | 42:19 | | Michael Trussell | 101 | 29:12 |
| Michelle Keough | 180 | 43:51 | | John Dance | 116 | 30:09 |
| Amy Haskill | 181 | 43:53 | | Wayne Warren | 118 | 30:21 |

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|--|-----|-------|--|--------------------------|-----|-------|
| | | | | Gerry Tutecky- McDougall | 123 | 30:47 |
| | | | | Tony Barnes | 136 | 32:24 |
| 5K 70-79 Female (Note Age Catg) | | | | Matthew Jenkins | 174 | 40:18 |
| Mary Clayton | 103 | 29:24 | | Jack Bell | 189 | 48:03 |
| Eithne Dunbar | 131 | 32:14 | | | | |
| Anne Hodgson | 144 | 33:33 | | | | |
| Jennifer Barnes | 169 | 37:31 | | | | |
| Marion Wyatt | 185 | 44:44 | | | | |
| | | | | | | |
| 5K 60-69 Female | | | | 5K 70-79 Male | | |
| Mary Jane Leslie | 86 | 28:07 | | Randy Frith | 52 | 25:21 |
| Cheryl Scott | 104 | 29:30 | | Bill Poole | 113 | 30:05 |
| Sandy Boys | 130 | 32:22 | | Hugh Wilson | 126 | 31:01 |
| Ruby McCabe-Locke | 134 | 32:24 | | John Raiswell | 128 | 31:14 |
| Karen McDonald Hurley | 143 | 33:27 | | John Sheehan | 135 | 32:28 |
| Lorraine Palmer Smith | 161 | 36:11 | | Joe Boys | 159 | 35:40 |
| Fenna Jenkins | 179 | 42:25 | | | | |
| Margaret Bell | 182 | 43:53 | | 5K 80+ Male | | |
| | | | | Merv Hodgson | 117 | 30:18 |
| | | | | Jean Bernaquez | 172 | 38:39 |
| | | | | | | |
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