

32nd Mark Darroch Half Marathon/James K Carlyle 5km

Rockport, Ontario

2019-09-10

9/6/19 - 9/6/19

Results by www.runningbydesign.com**Event # 2 MIXED 21.1K Run**

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 20 - 29						
1 Courtney Bannerman	F 23	4744	KINGSTON	5:45.1	9:15.4	2:01:22.25
FEMALE 30 - 39						
1 Amy Smith	F 38	4757	KINGSTON	4:57.4	7:58.6	1:44:36.18
2 Stephanie Place	F 31	4754	KINGSTON	5:32.8	8:55.7	1:57:03.69
3 Tricia Smith	F 37	4758	KINGSTON	5:46.0	9:16.8	2:01:41.38
FEMALE 40 - 49						
1 Mackenzie Bowman	F 40	4745	GANANOQUE	4:31.5	7:17.0	1:35:29.72
2 Noella Klawitter	F 41	4750	BROCKVILLE	5:01.2	8:04.7	1:45:55.81
3 Jayne Flanagan	F 49	4747	JOHNSTOWN	5:03.6	8:08.6	1:46:47.03
4 Christie Walker	F 44	4794	MALLORYTOWN	5:03.7	8:08.8	1:46:49.18
5 Tammy Pigion	F 45	4753	NAPANEE	5:10.9	8:20.4	1:49:21.09
6 Rhonda McNish	F 42	4079	BROCKVILLE	5:39.2	9:06.0	1:59:19.12
7 Dawn Wolfenden	F 47	4796	GANANOQUE	6:28.1	10:24.6	2:16:30.00
8 Julie Larose	F 43	4795	PRESCOTT	6:30.1	10:27.8	2:17:12.00
FEMALE 50 - 59						
1 Janet Shepherd	F 55	4756	MALLORYTOWN	5:29.1	8:49.6	1:55:44.31
2 Margaret Story	F 52	4759	MAITLAND	5:56.2	9:33.2	2:05:16.44
3 Dawn Kiddell	F 57	4749	LANCASTER	6:15.6	10:04.6	2:12:07.00
FEMALE 60 - 69						
1 Deborah Holtom	F 68	4748	HOWE ISLAND	5:10.3	8:19.5	1:49:09.22
2 Shirley Myers	F 66	4752	KINGSTON	5:32.9	8:55.7	1:57:04.68
3 Margie File	F 65	4746	KINGSTON	6:51.9	11:02.9	2:24:52.00
MALE 1 - 19						
1 Denzil Dixon	M 15	4766	KINGSTON	6:45.9	10:53.2	2:22:45.00
MALE 20 - 29						
1 Tyler Fritz	M 21	4769	ST. CATHARINES	4:45.2	7:39.0	1:40:18.66
2 Braeden Capnerhurst	M 24	4764	KINGSTON	5:33.1	8:56.1	1:57:09.81
3 Dominic Mayhew	M 24	4778	BROCKVILLE	6:24.0	10:18.0	2:15:03.00
MALE 30 - 39						
1 Owain Jones	M 34	4773	HARROWSMITH	4:02.1	6:29.7	1:25:09.50
2 Eric Milks	M 31	4797	BROCKVILLE	4:02.4	6:30.2	1:25:16.44
3 Ryan McKay	M 34	4779	DUNDAS ONTARIO	4:03.0	6:31.2	1:25:29.18
4 Shane Dixon	M 34	4765	LANSLOWNE	4:29.2	7:13.3	1:34:41.00
5 Matt Kinghorn	M 35	4774	BROCKVILLE	5:37.0	9:02.3	1:58:30.91
6 Pedro Villanveva	M 39	4798	TORONTO	5:54.4	9:30.3	2:04:38.34
MALE 40 - 49						
1 Corey Turnbull	M 47	4786	SMITHS FALLS	3:52.8	6:14.7	1:21:53.12
2 Graham Hawkes	M 42	4772	KINGSTON	4:00.9	6:27.7	1:24:43.94
3 Mike Crawford	M 48	4791	BROCKVILLE	4:06.2	6:36.3	1:26:36.12
4 Gregory Lemoine	M 41	4775	KINGSTON	4:30.8	7:15.8	1:35:14.28
5 Brian Gartley	M 48	4770	BROCKVILLE	4:47.9	7:43.4	1:41:16.72
6 Brad Ethier	M 48	4768	KINGSTON	5:19.7	8:34.5	1:52:26.38
MALE 50 - 59						
1 Brock Davis	M 51	4083	BROCKVILLE	4:09.9	6:42.1	1:27:53.12

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
2	Robby Breadner	M 53	4790	KINGSTON	4:11.7	6:45.1	1:28:31.75
3	Wayne Rice	M 56	4784	RAILTON	4:26.3	7:08.6	1:33:40.09
4	Martin Guyon	M 52	4771	KINGSTON	4:44.3	7:37.5	1:39:58.91
5	Andrew Forbes	M 56	4792	BELLEVILLE	4:45.5	7:39.6	1:40:25.97
6	Kevin Riddell	M 57	4785	BROCKVILLE	4:49.4	7:45.8	1:41:47.34
7	Richard Prinsen	M 54	4783	KINGSTON	4:51.9	7:49.9	1:42:41.12
8	Greg Phillips	M 54	4780	KINGSTON	5:06.8	8:13.8	1:47:54.90
9	David Cannons	M 51	4763	KINGSTON	5:20.0	8:35.1	1:52:33.53
10	Marc Billard	M 55	4760	BROCKVILLE	5:54.3	9:30.3	2:04:37.75
MALE 60 - 69							
1	Ian Loughrey	M 61	4776	BROCKVILLE	4:16.6	6:52.9	1:30:14.78
2	Robert Walroth	M 65	4787	BROCKVILLE	5:22.8	8:39.4	1:53:31.12
3	Yves Prevost	M 64	4782	LANSDOWNE	5:30.4	8:51.8	1:56:12.84
4	Wayne Warren	M 60	4788	BROCKVILLE	7:33.0	12:09.0	2:39:19.00
MALE 70 - 89							
1	Ed Brand	M 70	4762	KINGSTON	5:14.6	8:26.3	1:50:38.34
2	P.J. Marshall	M 76	4777	KINGSTON	7:55.9	12:46.0	2:47:23.00