

**P&G Vibrant Living 5km Run/Walk**

Please report any errors, omissions or  
changes to [runcanada@gmail.com](mailto:runcanada@gmail.com)

6/19/15 - 6/19/15

**Event # 1 MIXED 5K Run**

	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
<b>FEMALE 1 - 9</b>							
1	Brianna Wright	F 9	2753	Brockville			28:21.00
2	Shannon O'Dair	F 9	2661	Brockville			28:35.00
3	Kierra Ditchburn	F 4	2639	Brockville			33:43.10
4	Rachel Laushway	F 8	3810	Brockville			34:37.00
5	Ally Wright	F 7	2755	Brockville			36:06.00
6	Ryleigh Goguen	F 4	2612	Frankville			37:03.00
7	Jorja Plitong	F 8	3814	Athens			56:16.00
<b>FEMALE 10 - 14</b>							
1	Lexi Kundlacz	F 13	2673	Brockville			19:18.10
2	Alyshia Alkerton	F 11	2756	Brockville			19:38.00
3	Meredith O'Connor	F 14	2662	Brockville			22:49.00
4	Julia Dillon	F 13	2652	Maitland			23:11.00
5	Abby Jones	F 12	2717	Lyn			23:12.00
6	Audrey Anne Letourneau	F 13	2758	Ottawa			24:41.00
7	Elise Plaschka	F 12	2766	Brockville			27:28.00
8	Ashley Bruce	F 12	2754	Brockville			27:28.10
9	Kayla Wright	F 11	2752	Brockville			27:36.00
10	Emily Riemersma	F 10	2625	Brockville			29:44.00
11	Sarah-Maude Letourneau	F 11	2759	Ottawa			30:08.10
12	Reanna Bronkhorst	F 12	2793	Brockville			31:08.00
13	Brooke Scott	F 10	2620	Brockville			35:31.00
14	Kaitlyn Lefebvre	F 11	2777	Brockville			37:02.10
15	Leanne Kinlin	F 12	2774	Prescott			42:43.00
<b>FEMALE 15 - 19</b>							
1	Abby Huntley	F 18	2779	Brockville			20:42.00
2	Brittany Brown	F 16	2723	Brockville			22:35.00
3	Rachel Wheeler	F 15	2734	Brockville			24:32.00
4	Zana Everett	F 19	2677	Brockville			24:35.00
5	Sarah Babbitt	F 17	2679	Brockville			24:36.00
6	Hanna Doonan	F 15	2788	Brockville			24:37.00
7	Chloe Segal	F 15	2795	Brockville			25:23.00
8	Laura Babbitt	F 16	2678	Brockville			25:29.00
9	Emily Byers	F 17	2763	Iroquois			25:29.00
10	Kristen Giffen	F 19	2656	Kingston			25:51.00
11	Michaela Murphy	F 18	2670	Athens			26:19.00
12	Kelsey Payette	F 19	3807	Brockville			26:19.10
13	Charlotte Nolan	F 18	2722	Brockville			26:22.00
14	Ellee Black	F 15	3804	Brockville			26:57.00
15	Bea Defayette	F 16	3805	Brockville			27:40.00
16	Bridget O'Connor	F 18	2660	Brockville			28:02.00
17	Emma Derrick	F 15	2787	Brockville			30:22.00
18	Jenna O'Reilly	F 19	2721	Brockville			32:15.00
19	Brooklyn Coughlin	F 15	2635	Smiths Falls			47:16.00

**FEMALE 20 - 29**

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
1	Jessica Jonkman	F 24	2705	Brockville			21:33.00
2	Emma Selleck	F 20	2658	Spencerville			22:47.00
3	Hilary Jonker	F 20	2740	Brockville			24:49.00
4	Chelsea Good	F 27	2649	Brockville			25:10.00
5	Lindsey Greatrix	F 28	2651	Brockville			25:11.00
6	Harley Watson	F 23	2644	Lyn			26:42.00
7	Andria Slate-Burns	F 23	2672	Mallorytown			27:24.00
8	Heather Earle	F 25	2742	Brinston			28:23.00
9	Megan Colwell	F 23	2654	Spencerville			30:12.00
10	Erica Sosnowski	F 29	2694	Brockville			33:43.50
11	Kelli Wartman	F 28	2699	Brockville			34:54.10
12	Anne Dawson	F 20	2785	Brockville			35:27.00
13	Mackenzie Kasseim	F 20	2783	Thornhill			35:27.10
14	Allysha Malcomson	F 20	2616	Maitland			35:39.00
15	Amanda LaBelle	F 26	2698	Jasper			35:59.00
16	Danielle Bourque	F 20	2784	Brockville			36:03.00
17	Courtney McDowell	F 29	2647	Brockville			48:28.00
18	Lacy Ditchburn	F 24	2638	Brockville			50:16.00
<b>FEMALE 30 - 39</b>							
1	Susan Filion	F 30	2690	Brockville			21:20.00
2	Kim Bennett	F 31	2667	Brockville			23:26.00
3	Yvonne MalankaLinseman	F 31	2727	Brockville			24:41.00
4	Camille Ballantyne	F 32	2676	Brockville			24:47.00
5	Courtney Shaffer	F 31	2749	Brockville			25:34.00
6	Rhonda McNish	F 38	2655	Brockville			25:52.00
7	Shana Doonan	F 37	2789	Brockville			26:35.00
8	Sarah Hurst	F 33	2794	Brockville			28:49.00
9	Heather Perry	F 31	2686	Lyn			29:55.00
10	Mara Jackson	F 35	2674	Brockville			30:08.00
11	Holly Goguen	F 30	2614	Frankville			31:38.10
12	Julie Laushway	F 35	3811	Brockville			34:37.10
13	Meredith Armstrong	F 33	2746	Mallorytown			34:59.00
14	Jenni Stotts	F 30	2702	Brockville			36:04.00
15	Tara Sosnowski	F 39	2726	Elizabethtown			38:54.00
16	Danielle Ledamun	F 33	2665	North Augusta			39:12.00
17	Yvonne Wu	F 31	2748	Brockville			47:15.00
18	Jennifer Ault	F 33	2791	Brockville			47:51.00
19	Leselie Green	F 36	2695	Brockville			47:51.00
20	Crystal Robertson	F 37	2619	Elizabethtown			50:11.00
21	Tanya Plitong	F 34	3815	Brockville			56:15.00
22	Amber Miller	F 34	2800	Mallorytown			56:32.00
<b>FEMALE 40 - 49</b>							
1	Paula Wiltse	F 47	2601	Brockville			17:34.00
2	Laurie Wheeler	F 44	2735	Brockville			24:32.00
3	Joann Routledge	F 48	2797	Brockville			25:22.00
4	Jill Murphy	F 48	2668	Athens			27:15.00

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
5	Chelley Babbitt	F 48	2680	Brockville			27:29.00
6	Sharon Riddell	F 49	2737	Brockville			28:08.10
7	Heather Servage	F 43	2764	Brockville			28:11.00
8	Sandy Noonan	F 41	2796	Brockville			28:22.00
9	Janet Gartley	F 46	2728	Brockville			29:38.00
10	Shelley Steenwyk	F 48	2675	Brockville			30:07.00
11	Clare Kinlin	F 43	2773	Prescott			30:26.00
12	Sarah Kaufman	F 46	2664	Lyn			31:19.00
13	Kim Kinlin	F 47	2775	Prescott			32:03.00
14	Brenda Young	F 46	2608	Brockville			32:06.10
15	Marie Elaine Morency	F 41	2757	Ottawa			32:32.00
16	Anita Jardine	F 40	2669	Brockville			33:47.00
17	Andrea Wright	F 43	2751	Brockville			36:06.10
18	Nathalie Sinis	F 47	2762	Iroquois			36:35.00
19	Keely Malcolmson	F 45	2617	Maitland			37:03.00
20	Sarah Vanden Bosch	F 45	2640	Brockville			39:54.00
21	Shannin Hudson	F 43	2765	Maitland			42:26.00
22	Carol Hoarg	F 48	2623	Lyn			54:23.00
<b>FEMALE 50 - 59</b>							
1	Ilona Thomas	F 51	2712	Brockville			22:02.00
2	Catherine Hall	F 52	2720	Brockville			26:35.10
3	Bonnie Hammerli	F 50	2657	Maitland			28:36.00
4	Lorrie Rossetti	F 56	2761	Lyn			28:54.00
5	Judy Lajoie	F 51	2710	Calgary			30:19.00
6	Pat Hunter	F 53	2792	Smiths Falls			30:25.00
7	Karen McDonald-Hurley	F 57	2634	Maitland			34:06.00
8	Thelma Lefebvre	F 53	2776	Brockville			34:33.00
9	Cathy Cooper	F 55	2648	Maitland			49:35.00
10	Tracey Jonkman	F 51	2706	Brockville			52:42.00
11	Nancy LaBelle	F 51	2629	Brockville			54:15.00
12	Cheryl Litwinowich	F 55	2628	Mallorytown			54:16.00
13	Marilyn Toussaint	F 58	2624	Athens			54:22.00
14	Nancy Holmes	F 54	3803	Brockville			58:18.00
<b>FEMALE 60 - 69</b>							
1	Eithne Dunbar	F 66	2743	Brockville			28:47.00
2	Anne Hodgson	F 67	2621	Maitland			29:33.00
3	Jennifer Barnes	F 66	2738	Brockville			31:28.00
<b>FEMALE 70 - 79</b>							
1	Mary Clayton	F 70	2768	Brockville			28:08.00
<b>MALE 1 - 9</b>							
1	Jacob Boyd	M 9	2603	Brockville			22:17.00
2	Andrew Plashka	M 9	2767	Brockville			24:57.00
3	Nate Jones	M 7	2718	Lyn			27:48.00
4	Parker Goguen	M 5	2611	Frankville			31:38.00
5	Owen Homiak	M 8	2609	Brockville			32:06.00
6	Draven Stotts	M 8	2701	Brockville			34:54.00
7	Jack Stotts	M 6	2700	Brockville			36:04.10

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
8	Caellum Robertson	M 7	2618	Elizabethtown			50:09.00
9	Travis Plitong	M 9	3816	Brockville			53:47.00
<b>MALE 10 - 14</b>							
1	Will Campeau	M 13	2731	Spencerville			18:53.00
2	Jake Lessard	M 13	2685	Brockville			21:58.00
3	Jared Boyd	M 11	2604	Brockville			26:01.00
4	Cole Steenwyk	M 14	2770	Mallorytown			26:47.00
5	Max Kinlin	M 14	2772	Prescott			34:46.00
<b>MALE 15 - 19</b>							
1	Declan Colwell	M 18	2653	Spencerville			16:23.00
2	Colin Gartley	M 16	2729	Brockville			22:47.10
3	Jared Payette	M 16	2730	Brockville			22:48.10
4	Eli Huntley	M 15	2780	Brockville			25:51.10
5	Eric Cowan	M 18	3808	Brockville			26:05.00
6	Cosgrove Gavin	M 15	2799	Brockville			26:49.00
<b>MALE 20 - 29</b>							
1	Eric Wynands	M 20	3813	Lyn			16:13.00
2	Nick Thomas	M 23	2714	Brockville			16:18.00
3	Zack Boyd	M 25	2602	Brockville			19:27.00
4	Garrett Rodley	M 20	2637	Lansdowne			19:50.00
5	Chris Cauley	M 21	2716	Brockville			20:04.00
6	Brandon Coughlin	M 24	2636	Toledo			21:23.00
7	Simon Thomas	M 21	2715	Brockville			21:28.00
8	Leonard Roth	M 25	2781	Mallorytown			24:01.00
9	Matt Huskinson	M 25	2741	Lyn			24:49.00
10	Tyler Burns	M 25	2671	Mallorytown			27:25.00
11	Andrew Wettlaufer	M 23	2778	Brockville			30:35.00
12	Holden Primeau	M 21	2692	Brockville			31:03.00
<b>MALE 30 - 39</b>							
1	Ian Potis	M 37	2633	Brockville			24:11.00
2	Lee Sample	M 32	2786	Brockville			25:50.00
3	Aaron Perry	M 34	2687	Lyn			29:43.00
4	Nihad Makary	M 38	3809	Ottawa			31:24.00
5	Paul Miller	M 33	3802	Johnstown			32:33.00
6	Chris Beames	M 32	3806	Brockville			32:35.00
7	Christian Emslie	M 34	2643	Brockville			32:47.00
8	Tony Stevens	M 39	2745	Prescott			34:58.00
9	Steven Goguen	M 30	2613	Frankville			37:02.00
10	Chris Jones	M 38	2719	Lyn			42:54.00
11	Sean McDowell	M 32	2646	Brockville			48:30.00
12	Bryan Laushway	M 36	3812	Brockville			50:14.00
13	Shaun Plitong	M 36	3817	Brockville			53:47.00
<b>MALE 40 - 49</b>							
1	Jeremy O'Connor	M 44	2663	Brockville			19:24.00
2	Wenhu Tian	M 42	2610	Brockville			23:01.00
3	Don Babbitt	M 46	2790	Brockville			24:42.00
4	Chris Thompson	M 46	2733	Johnstown			25:13.00

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
5	Chris Robertson	M 43	2630	Elizabethtown			26:12.00
6	Pierre Letourneau	M 41	2760	Ottawa			27:20.10
7	Jay Wright	M 43	2750	Brockville			28:26.00
8	Stephen Stotts	M 44	2703	Brockville			31:51.00
9	Chris Ledamun	M 47	2666	North Augusta			38:55.00
10	Greg Denison	M 41	2641	Prescott			42:05.00
<b>MALE 50 - 59</b>							
1	Kevin Riddell	M 53	2736	Brockville			20:29.00
2	Ian Loughrey	M 52	2659	Brockville			20:30.00
3	Doug McLean	M 56	2682	Brockville			20:33.00
4	Geoffrey Peters	M 55	2724	Morrisburg			22:18.00
5	Murray Tait	M 55	2683	Brockville			23:35.00
6	Andy Thomas	M 53	2713	Brockville			24:28.00
7	Yves Levesque	M 55	2650	Elizabethtown			24:36.00
8	Terry Hodge	M 52	2684	Brockville			25:54.00
9	Steve Rodley	M 54	2642	Lansdowne			28:19.00
10	Ginies Jonkman	M 55	2704	Brockville			29:36.00
11	Willy Primeau	M 54	2691	Brockville			31:03.10
12	Dave Fuchs	M 56	2697	Brockville			49:31.00
<b>MALE 60 - 69</b>							
1	Rick Swift	M 68	2681	Brockville			19:08.00
2	Dave Bell	M 62	2725	Brockville			26:24.00
3	Wil Steacy	M 69	2747	Brockville			27:04.00
4	Tony Barnes	M 64	2739	Brockville			29:51.00
5	Paul Taylor	M 63	2696	Brockville			48:50.00
6	Wayne Macdonald	M 68	2798	Brockville			58:10.00
<b>MALE 70 - 79</b>							
1	Tony Dunbar	M 70	2744	Brockville			21:39.00
2	Mike Murray	M 73	2607	North Augusta			23:33.00
3	Hugh Wilson	M 75	2626	Dorval			25:20.00
4	John Raiswell	M 74	2782	Brockville			26:01.10
5	Merv Hodgson	M 77	2622	Maitland			27:49.00
<b>MALE 80 - 98</b>							
1	Jean Bernaquez	M 83	2627	Montreal			27:01.00
<b>MALE 99 - 99</b>							
1	Unknown Runner # 1	M 99	1000				27:20.00
2	Unknown Runner # 2	M 99	1001				33:23.00
3	Unknown Runner # 4	M 99	1003				51:06.00
4	Unknown Runner # 3	M 99	1002				51:06.00
5	Unknown Runner # 5	M 99	1005				56:16.00