

## Freeze Your Buns 2013 Race Series-Results for Race #1

The first of the Brockville Road Runners' Freeze Your Buns Series was held on Sunday January 27, 2013 under cold but sunny conditions. 97 runners braced the winter conditions to participate in the first of the 3 race series held to promote healthy lifestyles and encourage exercise through the winter months. Eleven young runners raced in the 1 km event with **Alyshia Alkerton** placing first for the girls in a very fast time of 3:59 and **Ryan Givogue** taking first place for the boys in a time of 4:13. The 5 km event was won by **Eric Wynands** in a time of 16:41 with **Jenn Bon** being the first female across the line in a time of 19:53. A special thanks goes to Tait's Bakery for continuing to sponsor the race series by supplying delicious baked goods for prizes. Participants donated canned goods for the local food bank and all proceeds from the race series will also go to support the food bank.

### **1 Km event:**

Alyshia Alkerton 3:59, Ryan Givogue 4:13, Ayrton Meier 5:15, Shin Bourne 5:25, Ethan Tucker 5:32, Paige Reimann 5:45, Asia Bourne 6:11, Malcolm Tait 6:57, Ayriella Meier 7:24, Anna Ladd 7:51, Elliott Ladd 9:18

### **5 Km event:**

#### **Female:**

##### Under 15

Brittany Alkerton 21:20, Madelynn Meek 21:50, Brittany Brown 24:37, Lily Meek 26:21

##### 15-19

Kirsten Giffen 22:51, Bridgette Harper 22:54, Lydia Herbison 27:12, Charlotte Nolan 27:58, Mattea Hartley 28:04:38

##### 20-29

Alexandra Yule 20:49, Thea Verstegen 26:29, Victoria Baker 26:33, Lindsay Buell 27:28, Tanya Desharats 29:33, Jessica Dunnington 29:35, Lianna Lam 29:46, Katie Nolan 30:22

30-39

Jenn Bon 19:53, Sheri McMullen 23:38, Christie Reitsma 24:21, Rhonda McNish 25:30, Sandy Noonan 26:55, Kirstin Lutzac 27:59, Sara Major 31:35

40-49

Brenda Young 22:21, Laurie Wheeler 23:33, Ilona Thomas 24:10, Theresa Smith 24:18, Jo-Ann Evoy 24:30, Eva Beattie 24:39, Laura Oliver 25:46, Sharon Riddell 30:59

50-59

Janet Wynands 20:04, Catherine Tomlinson 25:58, Denise Anthony 26:02, Anne Taylor 28:04:91, Ruby McCabe Locke 28:39, Patty Hoogendam 38:21, Dianne Richmond 38:44

60-69

Mary Clayton 27:40, Eithne Dunbar 29:36, Anne Hodgson 29:42, Marion Wyatt 47:34

**Male**

Under 15

Will Campeau 24:56

15-19

Eric Wynands 16:41, Ryan Noccey 18:54, Jacob Banks 21:26, Holden Primeau 27:08

20-29

Ryan Martin 18:18, Shane Turner 20:37, Steve Wilkinson 21:43, Zack Boyd 23:58, Trevor Moore 28:07

30-39

Neal Condron 27:35, Matt McNish 31:37

40-49

John MacMillan 19:38, Pascal Peladeau 20:27, Yves Decoste 21:18, Chuck Harper 23:08, David Shaver 26:15, John Bourne 27:43

50-59

Kevin Riddell 21:47, Al Cyr 22:04, Ed Wynands 22:22, Brian Campbell 22:35, Ian Loughrey 23:21, Geoffrey Peters 24:10, Jim Locke 24:13, Andy Thomas 25:00, Terry Hodge 25:40, Murray Tait 27:43, Clark Flynn 31:49, Willy Primeau 36:13

60-69

Rick Swift 19:50, Laurence Jones 23:34, Roger Hawksby 23:42, Bryne Francois 24:08, Peter Feickert 26:10, Tony Dunbar 26:53, Toby Irven 31:15, Jonathan Wyatt 31:40

70-79

Hugh Wilson 24:16, Mike Murray 24:52, Merv Hodgson 26:48, Liam Cullen 31:49:39, Wolfgang Pohl 52:33