

BROCKVILLE ROADRUNNERS

FREEZE YOUR BUNS 1K/5K #3

SATURDAY MARCH 25, 2017

Report by: Janet Wynands, Race Director

The final race of the Freeze Your Buns Series took place on Saturday March 25th, 2017 in spring type conditions. 83 participants took part in the event where slushy sidewalks made the course challenging as they raced the clock looking for personal best times. The children's 1 km event was won in a speedy 4:01 by Ryley Higgs with Finn Campeau coming in as the first boy in a time of 4:36.

The 5 km event was dominated by Declan Colwell who is presently training with the Queen's varsity team, finishing in a time of 16:02. Corinne Schonewille was the first female in finishing in 20:34.

All those who completed the 3 run series were presented with a commemorative long-sleeved shirt.

The overall male series winner was Corey Turnbull in an average time over the 3 races of 18:28. The female winner was Marieke Van Spriel with an average time of 22:18. Congratulations to both.

The net proceeds from the event went to the Brockville Food Bank.

Results:

1 km :

Ryley Higgs 4:01, Faith Bartlett 4:32, Finn Campeau 4:36, Parker Goguen 4:37, Ethan Tucker 4:59, Sophia Van Spriel 5:12, Mathew Shaver 5:35, Jesse Primeau 5:53, Willian Primeau 6:04, Madison Brooks 6:04, Brooklyn Lake 6:42, Jon Brown 7:24

5 km:

Female

Under 15

Taylor Healey 23:22, Kristina Brown 51:58, Bella Brown 56:22

15-19

Corinne Schonewille 20:34, Marieke Van Spriel 22:51, Hanna Doonan 26:49

20-29

Casey Kidson 25:35, Lindsay Doyle 51:58

30-39

Michelle Jäger 23:02, Lesley Poole 25:16, Shana Doonan 27:46, Jennifer McDonald 30:05, Ginny Jensen 32:14, Leanne Brooks 34:53, Megan Primeau 56:22, Amanda Brown 56:22

40-49

Christie Reitsma 23:23, Lesley Lehman 27:43, Janet Gartley 32:00, Heather Servage 32:10, Sarah Kaufman 32:20

50-59

Cynthia Laforty 26:37, Sharon Riddell 29:06, Nancy May 29:40, Karen McDonald-Hurley 32:45, Lorrie Rossetti 33:24, Bonnie Primeau 46:30

60-69

Cheryl Scott 27:49, Anne Hodgson 32:30

70-79

Mary Clayton 30:46

Male:

Under 15

Jake Lessard 19:51, Will Campeau 20:04, Tanner Gibson 21:54, Tyler Lavoie 23:17, Evan Trower 23:50, Ashton Lake 28:29, Odin Primeau 56:22

20-29

Declan Colwell 16:02, Scott Anderson 21:31, Zack Boyd 22:40

30-39

Carl Coutu 19:48, Matt Kinghorn 27:30, Mike Lake 28:29, Chris Emslie 38:01

40-49

Corey Turnbull 18:35, Craig McDonald 23:33, Brian Gartley 25:21, David Shaver 30:43

50-59

Ian Loughrey 20:48, Kevin Riddell 23:02, Geoffrey Peters 23:24, Brian Campbell 24:06, Stewart Campbell 25:26, Terry Hodge 26:57, Murray Tait 27:01, Willy Primeau 31:52, Mitch White 32:13, Mark Primeau 46:31

60-69

Rafeek Mohamed 24:22, Roger Hawksby 25:30, Peter Feickert 26:28, Michael Trussell 27:41, Ed Eby 28:36, Toby Irvn 31:35

70-79

Rick Swift 21:15, Tony Dunbar 25:25, Hugh Wilson 28:37, Bill Poole 28:46, Merv Hodgson 29:20, Liam Cullen 45:09 (walker)

80-89

Jean Bernaquez 32:16