

## **BRRC Runners in the Smiths Falls Spring Fling April 28, 2019**

### **Spring Fling 5K**

Travis Gaffney	19:42.8 (2nd) <b>4th</b>
Blake Shane	21:25.9 (3rd)
Kevin Riddell	22:50.6 (1st)
Matt McNish	26:24.8 (2nd)
Cameron Brown	27:43.3 (2nd)
Laura Molson	28:24.9 (1st)
Sara Cholette	28:29.2 (1st)
Sharon Riddell	29:17.2 (2nd)
Murray Tait	29:13.8 (2nd)
Shana Doonan	30:02.0 (3rd)
Rhiannon Iles	30:04.0 (2nd)
Corinne Johnson	31:37.5
Janet Gartley	31:49.1
Jennifer McDonald	32:46.3
Karen McDonald-Hurley	34:41.5 (2nd)
April Richer	36:03.0

### **Spring Fling 10K**

Craig McDonald	47:03.8 (1st) <b>3rd</b>
Jason Barlow	51:49.7 (2nd)
Rhonda McNish	51:50.6 (1st) <b>2nd</b>
Cheryl Scott	1:00:00.5 (2nd)
Merv Hodgson	1:02:32.9 (1st)
Mary Clayton	1:03:32.1 (1st)
Anne Hodgson	1:10:04.5 (2nd)
Terry Hodge	1:14:55.9 (3rd)

### **Spring Fling Half Marathon**

Ian Loughrey	1:38:51.7 (1st)
Brian Gartley	1:42:28.8 (3rd)
Paul Flanagan	1:42:33.7 (1st)
Lynda Labelle	1:48:18.7 (1st)
Robert Walroth	1:49:36.4 (1st)
Geoff Peters	1:49:41.7 (1st)
Jayne Flanagan	1:50:16.5 (1st) <b>3rd</b>
Brenda Young	1:54:38.3 (2nd)
Amy Brown	1:54:38.9 (3rd)
Matt Kinghorn	1:56:09.3 (2nd)