

## 27th Mark Darroch 1/2 Mar &amp; James K. Carlyle 5km Races

## Brockville Road Runners Club - Rockport

06/09/2014 - 06/09/2014

Results by [www.runningbydesign.com](http://www.runningbydesign.com)**Event # 2 MIXED 21.1 Run**

	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
<b>FEMALE 20 - 29</b>							
1	Amanda Seed	28 F	HALF	642			1:41:50.0
2	Michelle Truax	26 F	HALF	678			1:42:06.0
3	Shannon Winterburn	27 F	HALF	673			1:47:47.0
4	Tessa Grant	21 F	HALF	621			1:55:33.0
5	Brooke McIntvre	20 F	HALF	656			2:30:18.0
<b>FEMALE 30 - 39</b>							
1	Lana Saunders	39 F	HALF	639			1:43:15.0
2	Julie Shoniker	31 F	HALF	682			1:53:27.0
3	Stephanie Cowan	39 F	HALF	600			1:58:28.0
4	Suzanne Lewis	34 F	HALF	630			2:04:02.0
5	Jessica Tamblyn	35 F	HALF	652			2:10:31.0
6	Meera Ruparelia	36 F	HALF	671			2:18:26.0
<b>FEMALE 40 - 49</b>							
1	Paula Wiltse	47 F	HALF	693			1:28:46.0
2	Laura Prociuk	46 F	HALF	644			1:46:05.0
3	Melissa Stillar	44 F	HALF	617			1:46:22.0
4	Bridget Murphv	44 F	HALF	625			1:46:46.0
5	Sarah Crawford	42 F	HALF	691			1:47:11.0
6	Barb Kilgour	48 F	HALF	675			1:47:13.0
7	Amv Brown	46 F	HALF	687			1:48:25.0
8	Pam Mundell	49 F	HALF	622			1:57:11.0
9	Traci O'Neill	47 F	HALF	654			2:02:05.0
10	Sarah Jaquest	48 F	HALF	637			2:06:04.0
11	Kim Gaulev	47 F	HALF	672			2:19:12.0
12	Coleen McFarlane	42 F	HALF	629			2:22:12.0
13	Heidi Cramm	41 F	HALF	601			2:25:11.0
14	Michelle Methot	46 F	HALF	615			2:30:40.0
<b>FEMALE 50 - 59</b>							
1	Agathe Nicholson	53 F	HALF	696			1:29:54.0
2	Iiona Thomas	51 F	HALF	692			1:49:37.0
3	Judy Curry	50 F	HALF	645			1:52:03.0
4	Catherine Pomerov	53 F	HALF	631			1:55:17.0
5	Eliza Murphv	50 F	HALF	651			1:57:07.0
6	Dawna Revell	50 F	HALF	653			2:04:33.0
7	Alice Donachev	55 F	HALF	616			2:14:06.0
8	Rubv Mccabe-Locke	55 F	HALF	647			2:20:10.0
9	Beliinda Bancroft	50 F	HALF	608			2:42:24.0
<b>FEMALE 60 - 69</b>							
1	Shirlev Mvers	62 F	HALF	614			1:47:40.0
2	Deborah Holtom	63 F	HALF	634			1:52:56.0
3	Margaret Coughlin	60 F	HALF	605			2:19:28.0
4	Chervl Lariviere	62 F	HALF	604			2:24:31.0
<b>MALE 20 - 29</b>							
1	Jeffrey Shepherd	22 M	HALF	624			1:35:15.0
2	Eric Bancroft	21 M	HALF	613			1:38:46.0
3	Graeme Mullins	23 M	HALF	603			1:43:51.0
<b>MALE 30 - 39</b>							
1	Patrick Kong	31 M	HALF	676			1:18:14.0
2	Sebastian Warner	32 M	HALF	686			1:24:41.0

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	Name	Age	Team	Bib	Avg per K	Avg per MI	Time
3	Tim Gillespie	37 M	HALF	655			1:25:03.0
4	Jordan Shoniker	33 M	HALF	683			1:31:53.0
5	Tim Rosillo	31 M	HALF	681			1:33:15.0
6	Adam Andreckv	32 M	HALF	640			1:39:30.0
7	Shawn Leahy	30 M	HALF	611			2:00:11.0
8	Mike Forbes	36 M	HALF	680			2:03:11.0
9	Daniel Williams	33 M	HALF	658			2:07:57.0
10	Luis Paico-Aviles	30 M	HALF	623			2:13:03.0
<b>MALE 40 - 49</b>							
1	Jeff Lapierre	42 M	HALF	657			1:23:19.0
2	Robert Watering	44 M	HALF	679			1:27:56.0
3	Mike Crawford	43 M	HALF	690			1:28:16.0
4	Brock Davis	46 M	HALF	694			1:28:46.1
5	David Murakami Wood	42 M	HALF	628			1:30:54.0
6	John MacMillan	44 M	HALF	668			1:31:56.0
7	Robbv Breadner	48 M	HALF	636			1:34:00.0
8	Ian Janssen	41 M	HALF	620			1:35:07.0
9	Robert Browne	42 M	HALF	695			1:36:24.0
10	Greg Phelan	49 M	HALF	626			1:45:45.0
11	Jeremv O'Connor	43 M	HALF	697			1:46:20.0
12	Greg Phillips	49 M	HALF	685			1:49:53.0
13	Rich Swann	40 M	HALF	618			1:56:30.0
14	Trent Craddock	45 M	HALF	609			2:08:31.0
<b>MALE 50 - 59</b>							
1	Pierre Ballester	50 M	HALF	633			1:31:48.0
2	Al Cantlav	59 M	HALF	677			1:34:29.0
3	Stephen Callahan	52 M	HALF	698			1:39:21.0
4	Don McLean	55 M	HALF	670			1:41:10.0
5	Richard Prinsen	50 M	HALF	688			1:42:48.0
6	Paul Cehan	50 M	HALF	619			1:43:38.0
7	David Lee	50 M	HALF	684			1:44:24.0
8	Mike Fowler	50 M	HALF	674			1:47:16.0
9	Jim Locke	57 M	HALF	648			1:55:21.0
10	Dan Pihlainen	52 M	HALF	669			2:05:20.0
11	Michael Hornbv	51 M	HALF	632			2:28:10.0
<b>MALE 60 - 69</b>							
1	Ed Brand	66 M	HALF	699			1:42:55.0
2	Tonv Dunbar	69 M	HALF	643			1:43:00.0
3	Brvne Francois	66 M	HALF	635			1:55:18.0
4	Jim Estes	65 M	HALF	689			2:03:25.0