

28th Annual Mark Darroch 1/2 and James K. Carlyle 5km

Sept 12, 2015

12/9/15 - 12/9/15

Results by www.runningbydesign.com

Event # 2 MIXED 21.1k Run

Name	Age	Bib	Team	Avg per K	Avg per MI	Time
FEMALE 20 - 29						
1 Pilutti, Cassidy	F 29	4516	LANSDOWNE	5:49.29	9:22.13	2:02:50.00
FEMALE 30 - 39						
1 McMullen, Sheri	F 37	4510	ATHENS	5:06.49	8:13.25	1:47:47.00
FEMALE 40 - 49						
1 Kerr, Suzanne	F 40	4530	KINGSTON	4:10.00	6:42.34	1:27:55.00
2 Saunders, Lana	F 40	4518	HOWE ISLAND	4:41.00	7:32.22	1:38:49.00
3 Wheeler, Laurie	F 44	4539	BROCKVILLE	4:56.02	7:56.40	1:44:06.00
4 Mantle, Meredith	F 44	4509	FRANKVILLE	6:21.47	10:13.92	2:14:09.00
FEMALE 50 - 59						
1 Nicholson, Agathe	F 54	4524	PERTH ROAD	4:10.43	6:43.02	1:28:04.00
2 Mundell, Pam	F 50	4512	KINGSTON	5:17.30	8:30.64	1:51:35.00
3 Shepherd, Janet	F 52	4519	MALLORYTOWN	5:36.82	9:02.07	1:58:27.00
FEMALE 60 - 69						
1 Myers, Shirley	F 63	4513	KINGSTON	5:02.89	8:07.46	1:46:31.00
2 Holtom, Deborah	F 64	4506	HOWE ISLAND	5:04.12	8:09.44	1:46:57.00
MALE 30 - 39						
1 Beatty, Kevin	M 39	4533	FRANKFORD	3:44.45	6:01.23	1:18:56.00
2 Gillespie, Tim	M 38	4505	KINGSTON	3:48.48	6:07.71	1:20:21.00
3 Dodds, Mark	M 36	4503	MALLORYTOWN	4:19.76	6:58.05	1:31:21.00
4 Kerr, Mark	M 34	4531	KINGSTON	4:20.66	6:59.50	1:31:40.00
5 Paico-Aviles, Luis	M 31	4515	KINGSTON	5:03.89	8:09.06	1:46:52.00
6 Williams, Daniel	M 34	4521	BROCKVILLE	5:46.92	9:18.31	2:02:00.00
7 Condron, Neal	M 35	4532	BROCKVILLE	5:58.96	9:37.69	2:06:14.00
MALE 40 - 49						
1 Lapierre, Jeff	M 43	4527	GREEN VALLEY	3:53.55	6:15.87	1:22:08.00
2 Davis, Brock	M 47	4538	BROCKVILLE	4:01.33	6:28.38	1:24:52.00
3 Belair, Christian	M 40	4525	SUMMERSTOWN	4:02.94	6:30.97	1:25:26.00
4 Nash, Chris	M 49	4514	BROCKVILLE	4:18.63	6:56.22	1:30:57.00
5 McMullen, Tim	M 40	4511	ATHENS	5:08.39	8:16.30	1:48:27.00
6 Boden, Andrew	M 47	4523	GANANOQUE	7:02.27	11:19.59	2:28:30.00
MALE 50 - 59						
1 Rice, Wayne	M 52	4517	SYDENHAM	4:05.69	6:35.40	1:26:24.00
2 Campbell, Brian	M 54	4501	CORNWALL	4:24.69	7:05.98	1:33:05.00
3 Campbell, Stewart	M 57	4502	PEMBROKE	4:24.74	7:06.06	1:33:06.00
4 Loughrey, Ian	M 57	4508	BROCKVILLE	4:40.85	7:31.99	1:38:46.00
5 Prinsen, Richard	M 51	4534	KINGSTON	4:42.09	7:33.97	1:39:12.00
6 Lee, David	M 51	4507	KINGSTON	4:55.92	7:56.24	1:44:04.00
7 Phillips, Greg	M 50	4536	KINGSTON	5:01.37	8:05.02	1:45:59.00
8 Tait, Murray	M 55	4537	BROCKVILLE	5:14.22	8:25.68	1:50:30.00
MALE 60 - 69						
1 Cantlay, Al	M 60	4535	KINGSTON	4:28.39	7:11.93	1:34:23.00
2 Jones, Laurence	M 64	4526	BROCKVILLE	4:41.28	7:32.68	1:38:55.00
3 Eby, Ed	M 64	4504	BROCKVILLE	5:59.48	9:38.52	2:06:25.00
4 Dance, John	M 64	4528	OTTAWA	6:12.13	9:58.89	2:10:52.00

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	Name	Age	Bib	Team	Avg per K	Avg per MI	Time
MALE 70 - 79							
1	Marshall, PJ	M 73	4529	KINGSTON	6:27.91	10:24.29	2:16:25.00
