

## **2021 Virtual Freeze-Your-Buns Run #3 Race Results**

This year's event was virtual due to Covid-19 and was held over the weekend of Mar. 27-28. There were 71 participants with reported times in support of the Brockville and Area Food Bank. Times were reported using the honour system to Liam and compiled.

### **1 K Event**

Lucas Smith 05:32  
Kayla Smith 05:35  
Lexi Belanger 06:03

### **5K Event**

Female 20-29

Lyndsey Dossett 21:52                      Abbey Palmer 36:20

Female 30-39

Nicola Garvin 20:44                      Robyn Hoogendam 23:00                      Vanessa Gill 28:51

Female 40-49

Christie Walker 21:24                      Anne Mather 26:20                      Angela Roles 28:40  
Rhiannon Iles 29:30                      Elaine Dekroon 30:33                      Jennifer McDonald 33:22  
Melanie Cook 34:00                      Tania Smith 55:45

Female 50-59

Kim Redden 22:28                      Jayne Flanagan 26:42                      Katie Baker 26:48  
Margaret Story 26:53                      Laura Oliver 30:57                      Sharon Riddell 32:40  
Dawn Wolfenden 33:22                      Janet Gartley 33:23                      Corinne Johnson 33:23  
Bea Stewart 40:08

Female 60-69

Kathryn Miller-Pringle 27:03                      Denise Anthony 27:48                      Paula Jones 28:34  
Cheryl Scott 31:01                      Lorraine Palmer-Smith 36:20                      Patty Hoogendam 40:53  
Donna Matheson 1:00:00

Female 70-79

Eithne Dunbar 31:58                      Anne Hodgson 34:38

**5K Event (cont.)**

Male U15

Colin Notman 21:43

Braeden Notman 26:47

Declan Adams 35:45

Male 15-19

Travis Gaffney 19:36

Male 20-29

Matt Pettem 27:41

Henry Dossett 32:19

Male 30-39

Shane Curless 20:51

Carl Coutu 23:48

Matt Kinghorn 28:27

Male 40-49

Kevin Dunbar 25:05

Tim Brown 25:51

Craig McDonald 29:44

Male 50-59

Pierre Quevillon 22:05

Brian Gartley 25:16

Terry Hodge 45:56

Paul Flanagan 23:00

Rob Adams 35:45

Tom Fournier 23:21

Dale Elliott 36:31

Male 60-69

Ian Loughrey 19:57

Murray Tait 30:53

Paul Pringle 39:50

Geoffrey Peters 22:32

Michael Trussell 31:00

Rod Palmer 41:08

Robert Walroth 23:58

Kevin Riddell 32:40

Willy Primeau 44:16

Male 70-79

Peter Feickert 26:33

Liam Cullen 38:25

Rick Swift 31:11

Ed Eby 38:56

Tony Dunbar 31:58

Toby Irven 41:59

Male 80-89

Merv Hodgson 31:40

John Raiswell 37:23