

# 2022 Freeze Your Buns Race #3 Results

March 31st Results



The third run in our series had some mixed weather between Saturday and Sunday so it still lived up to the "freeze your buns" theme. Shirts have just arrived so we'll put out an email with details of where and when to pick up later this week.

Thanks again to everyone for making this annual event a success!

## 1K Event

Frances Mensen 06:06

## Women's 5K 20-29

Keira Brazeau 24:00

## Women's 5K 30-39

Madelyn Mensen 31:30

Vanessa Gill 0:50:58

## Women's 5K 40-49

Nicola Garvin 21:50

Jen McDonald 39:26

Angela Roles 28:05

Kari Marceau 43:55

Rhiannon Iles 34:01

Sandy Noonan

## Woman's 5K 50-59

Shelley Steenwyk 24:08

Laura Oliver 28:55

Stephanie Dunbar 24:31

Janet Gartley 34:56

Katie Baker 26:20

Charlene Thomas 37:04

## Women's 5K 60-69

Lorraine Palmer-Smith 35:47

Kathryn Miller-Pringle 38:02

## Women's 5K 70-79

Mary Clayton 32:36

Eithne Dunbar 34:45

Anne Hodgson 36:02

**Men's 5K U15**

Colin Notman 23:36

Braeden Notman 24:10

**Men's 5K 15-19**

Travis Gaffney at Nationals

**Men's 5K 30-39**

Matt Kinghorn 25:47

**Men's 5K 40-49**

Craig McDonald 22:40

Tim Brown 26:11

**Men's 5K 50-59**

Tom Fournier 24:44

Brian Gartley

**Men's 5K 60-69**

Robert Walroth 23:16

Willy Primeau 37:56

Ian Loughrey

Rod Palmer 27:21

Paul Pringle 38:02

Geoffrey Peters

Murray Tait 31:07

Michael Trussell 39:59

**Men's 5K 70-79**

Peter Feickert 27:16

Toby Irven 41:28

Rick Swift 32:17

Tony Dunbar 46:32

Ed Eby 35:43

**Men's 5K 80-89**

Merv Hodgson 37:47

Liam Cullen 39:27