

## Results: Canada Day 2024

1K

M

F

Name	age	Time	Name	age	Time
<b>U7 1k</b>			<b>U7 1k</b>		
Colton Merpaw	6	6:09	Stella Mott	6	6:49
Levi Anderson-Bowers	6	6:22	Maia Gendron Wilson	6	7:08
Jackson Evans	6	6:36	Madeline Gilliver	5	7:28
Andrew Williams	4	7:43	Ruby Steenson	5	7:49
Jake Gilliver	4	7:52	Leah Durand	6	8:07
Gavin Steenkamer	4	7:59	Melina Spicer	6	8:12
Lucas Nolan	5	8:05	Luaren Skinner	6	8:30
Carter Dickson	4	8:38	Flossie Mensen	5	8:30
Lincoln Evans	4	8:45	Lidia O'Reilly	6	9:07
Cohen Cross	5	9:09	Mackinley Cross	2	12:04
Wells Steenson	4	9:15			
Spencer Mott	4	12:00	<b>U10 1k</b>		
			Julia Groeneveld	8	5:22
<b>U10 1k</b>			Hailey Nolan	7	7:14
Ben Drury	9	4:43	Scarlett Cross	7	7:22
Louis Drury	7	5:10	Frances Mensen	9	8:05
Bruno Diaz Gonza	7	6:32	Claire Durand	8	8:25
			Charlotte O'Reilly	8	8:29
<b>U13 1k</b>			<b>U13 1k</b>		
Evan De Jong	13	4:01	Hailey Groeneveld	13	4:20
Carter Groeneveld	11`	4:12	Lily De Jong	11	4:29
Austin Armstrong	13	4:38	Audrey Armstrong	10	5:04
Cohen Dickson	10	4:42	Olivia Skinner	10	5:52
Zach Bennett	11	5:04			

## Results: Canada Day 2024

## 5K

M

F

Name	age	Time	Name	age	Time
<b>U10 5k</b>			<b>U10 5k</b>		
Tyson Mercier	9	23:54	Maple Neave	9	32:25
Harry Jordan	9	25:08			
Lincoln Haley	9	26:30	<b>U16 5k</b>		
Jack Irvine	9	29:01	Abigail Jackson	15	24:33
<b>U16 5k</b>			<b>U20 5k</b>		
Ben Winters	14	19:15	Mercedes Covey	18	20:54
Lucas Bennett	14	20:31	Summer Covey	17	22:29
Zachary Tyler	11	25:42			
			<b>20-29</b>		
<b>20-29</b>			Alishia Alkerton	21	17:56
Edward Roy	25	23:14	Audrey Guyonnet	27	23:43
Ben Heuthorst	24	24:15	Mallory Gilson	29	26:19
Cole Cathcart	27	28:11	Elise Plaschua	22	27:26
<b>30-39</b>			Maggie Crawford	20	27:48
Shane Curless	33	17:34			
Keith Pike	32	22:19	<b>30-39</b>		
Tyson Wilson	33	25:36	Alyse Gilliver	35	17:31
Kent Williams	32	26:41	Emily Reid	30	20:14
Mike Jonker	34	26:53	Jodi Steenkame	33	20:57
Orlando Spicer	37	27:35	Sarah Jarvis	37	22:54
			Brenda Mott	38	24:00
<b>40-49</b>			Jenna Merpaw	37	24:38
Matt Williams	43	22:09	Amanda Peach	30	26:05
Phil Durand	46	24:18	Amber Harris	30	26:11
Neil Condron	44	31:52	Madelyn Mensen	39	26:11
			Jennifer O'Reilly	38	27:12
<b>50-59</b>			Rianne de Castro	30	27:23
Paul Flanagan	54	24:03	Kristen Hill	35	32:06
Tom Fournier	58	24:27	Jacqueline Spicer	39	33:56
Greg Mercier	56	26:14			
Mike Crawford	53	27:49	<b>40-49</b>		
Brian Gartley	54	27:27	Kim Bennett	40	23:43
John MacMillan	53	29:17	Mary Hungerford	45	26:08
Brock Davis	56	29:17	Leslie Spicer	41	27:49
			Meera Ruparelia	46	28:40
			Melissa Tyler	48	28:41

<b>60-69</b>			Natalie Aitken	40	32:27
Brian Bax	60	21:02	Bree Trower	41	33:56
Greg Peters	65	24:20	Tamara Chapman	40	33:59
Drew Disney	64	26:56			
<b>70-79</b>			<b>50-59</b>		
Bob Walroth	70	24:22	Christine Murray	59	25:16
Henry de Souza	70	24:51	Frances Jonker	59	26:44
Ed Eby	73	32:39	Sarah Crawford	56	27:48
			Laura Oliver	54	27:53
			Jaune Flanagan	55	28:08
<b>80+</b>			Katie Baker	53	28:11
Bill Poole	80	34:50	Alison Wall	50	33:57
Merv Hodgson	86	38:01	Shannon Wilson	52	33:58
			Alison Baynham	52	36:46
			<b>60-69</b>		
			Cynthia Laforty	63	27:28
			<b>70-79</b>		
			Louise Wood	75	33:50
			Anne Hodgson	76	38:00