

**BROCKVILLE ROAD RUNNERS**  
**FREEZE YOUR BUNS 1K/5K #2**  
**SATURDAY FEBRUARY 22, 2025**

**Report: Janet Wynands, Series Director**

The **second run**, in the three run **Freeze Your Buns** series, held annually by the **Brockville Road Runners**, was held on **Saturday February 22, 2025** in footing and weather conditions that lived up to the name of the event. Competitors worked hard, running along snowy sidewalks covered in the remnants of last Sunday's snow storm.

**Margaux Coville** won the **1 km event** for the second time in the series in **4:19:02**, beating her time of 4:25:38 in the first run of the series. **Lucas Nolan** was the first boy in with a time of **6:24:22** also surpassing his time in the first run by 6 seconds.

**Jeff Nolan** was first in for the **5 km event** in a fast **18:16:68**. **Lilah Kinch** was the first female in, finishing third overall in a time of **22:57:71**

The **third and final run of the series** will be held on **April 5** with the **1 km event starting at 9:00** and the **5 km event starting at 9:15**.

RESULTS:

**1 km:**

Margaux Coville 4:19:02  
Grace Casselman 4:33:00  
Brooklyn Dickson 5:25:98  
Frances Mensen 5:27:92  
Lucas Nolan 6:24:22

Halley Nolan 6:30:58  
Bailey Mensen 6:48:00  
Florence Mensen 7:21:87  
Carter Dickson 8:44:37  
Ernie Mensen 10:45:16

**5 km:**

FEMALE

Under 15:

Lilah Kinch 22:57:71  
Ruby Casselman 26:08:24  
Aubrey Durant 28:09:63  
Eve Brewin 28:43:07

15-20

Abigail Jackson 24:52:70

20-29

Hanna Doonan 25:44:44

30-39

Madelyn Mensen 23:57:98  
Stacy Durant 26:51:59

40-49

Vicky Kinch 23:09:26  
Mary Hungerford 26:48:21  
Angela Roles 30:17:72  
Dawn Brewin 32:10:98

50-59

Shelley Steenwyk 25:32:16  
Sarah Crawford 26:13:29

FEMALE (cont'd):

60-69

Cynthia Laforty 29:16:42

70-79

Eithne Dunbar 35:40:51

MALE

20-29

Max Binkle 27:23:05

50-59

Mike Crawford 25:14:75  
David Cannons 26:08:32

30-39

Jeff Nolan 18:16:68  
Shane Curless 18:54:92

60-69

Peter Feickert 30:33:08  
Mitchell White 33:56:86  
David Mailey 43:91:24 (W)  
Terry Hodge 56:17:88 (W)

40-49

Gary Brewin 25:28:09  
Matt Williams 25:48:69  
Matt Kinghorn 31:26:30

70-79

Gary Mensen 25:05:20  
Jim Estes 35:48:36  
Toby Irvn 44:55 (W)